

HIGHLAND DENTAL

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Post Op Instructions for Implants

Some swelling is normal apply ice packs at 20 minute intervals to reduce swelling. Swelling is a part of the healing process and can be expected for 3 days to several weeks depending on the nature and extent of the surgery.

In some cases a suture will be placed. We need to follow up in 2 weeks for removal. You need to maintain regular hygiene during the healing process; this process takes up to 3 months.

Try to avoid eating solid foods until the local anesthetic wears off you will have no feeling in the surrounding area, including your tongue, and may unknowingly bite yourself.

Avoid chewing and heavy/aggressive brushing at implant site for 2 weeks. Or any heavy forces on the implant site.

A nutritious diet throughout your healing stage is important, as well as plenty of rest.

If an antibiotic is prescribed during treatment, you should take the medication exactly as directed on the prescription to completion.

Please contact the office or website if you have any questions or concerns immediately.

You can refer to our website for post-op instructions at www.highlanddentalaz.com